

SCHWEIGER)
DERMATOLOGY GROUP



**BRIDAL
BEAUTY
COUNTDOWN**

844-DERM-DOC
schweigerderm.com





Schweiger Dermatology Group is a leading provider of medical, cosmetic and surgical dermatology services with 50+ locations in the tri-state area including:

- Cosmetic Dermatology Treatments
- Adult and Pediatric Dermatology
- Skin Cancer Screenings and Treatments
- Acne Treatments

WEDDING DAY BEAUTY TIP

To make your lip color last all night long, exfoliate lips with an old toothbrush to rid them of flakes before applying your lipstick.





SIX MONTHS BEFORE

TREATMENT: Coolsculpting

What it is: This easy, non-surgical treatment eliminates unwanted fat in areas, such as arms, abdomen and flanks. There's no downtime so you can head back to work immediately. Slim inches before your wedding to look and feel your best for your big day!

How many treatments: 2-3 treatments depending on area; every 6-8 weeks.

TREATMENT: Clear + Brilliant

What it is: A proactive, gentle laser treatment that helps fight and prevent signs of aging. Great for discoloration, fine lines, wrinkles. Each treatment helps improve skin quality, texture, tone and reduce pore size.

How many treatments: For best results 6 treatments are recommended every 4 weeks.

TREATMENT: Ultherapy

What it is: Micro-focused ultrasound technology to lift/tighten skin and build new collagen. Used on eyebrows, chest, neck and lower face. Non-invasive, FDA cleared. No needles or downtime. Great results without going "under the knife."

How many treatments: One treatment each area; it takes 3 months to see results from collagen production.

TREATMENT: Kybella

What it is: You can finally bid goodbye to that stubborn double chin! This is the only FDA approved injectable treatment that destroys fat cells in the submental (chin) region.

How many treatments: 2-3 treatments needed every 6-8 weeks.

TREATMENT: Microneedling with PRP

What it is: Known as the "Vampire Facial," this treatment is extremely popular for those looking to reduce acne scars and stretch marks, stimulate collagen where there is skin laxity, reduce hyper-pigmentation and treat uneven skin texture. Paired with platelet rich plasma, this is the ultimate celebrity treatment before your big day!

How many treatments: Three treatments in total, with the first two 4-weeks apart and the last is 3 months following the second treatment.

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Book Your Complexion Rejuvenating
Treatments Now to Get Your Skin Its Most
Gorgeous for the Big Day!

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FOUR MONTHS BEFORE

TREATMENT: Series of chemical peels

What it is: Perfect for mild skin imperfections, for a quick skin “pick me up” and for a beautiful, natural glow before the big day! This treatment is safe for all skin types.

How many treatments: Chemical peels should be paired with proper skin care, and performed every 4 weeks. Three treatments are advised.

TREATMENT: Clear Lyft

What it is: Laser treatment for under eye “crepey” skin with poor laxity. Stimulates collagen to reduce fine lines, decrease dark circles and help tighten skin. Perfect for mother of the bride and/or groom.

How many treatments: Treatments are performed every 4 weeks; and, usually, 3 treatments are required.

TREATMENT: IPL laser

What it is: Intensed pulse laser AKA “photofacial” treatment is perfect to reduce brown spots and redness. Common treatment areas are face, neck, chest, hands and upper back.

How many treatments: Two treatments recommended for optimal results.



TWO MONTHS BEFORE

TREATMENT: Fillers

What it is: Many dermal fillers are made with hyaluronic acid, which helps restore lost volume. Fillers are most commonly used to treat “laugh lines,” under eye hollows and dark circles, and add fullness to lips and cheeks. How many treatments: Dependent on patient.

TREATMENT: Neurotoxins, such as Botox and Dysport

What it is: Neurotoxins are used to relax muscles that we use when making expressions. This treatment is a must, especially for perfect pictures. Areas commonly treated are forehead, between brows and around eyes.



ONE MONTH BEFORE

Treatment: Microdermabrasion Facial

Give skin an instant glow with by sloughing off dead skin cells. You’ll be ready to walk down the aisle with complexion perfection.

TIP: If you feel a pimple coming on the days leading up to your wedding, schedule a cortisone injection to bring down inflammation and eliminate the pimple within 48 hours.



WEDDING DAY BEAUTY TIP

Don’t forget to wear sunscreen under makeup on the day of your wedding—especially if you’re having an outdoor celebration.

